

Statement from Irish Episcopal Conference Regarding Referenda on 8th March

See Pages 5 - 9

Mountrath Ballyfin Online Newsletter



3rd March 2024

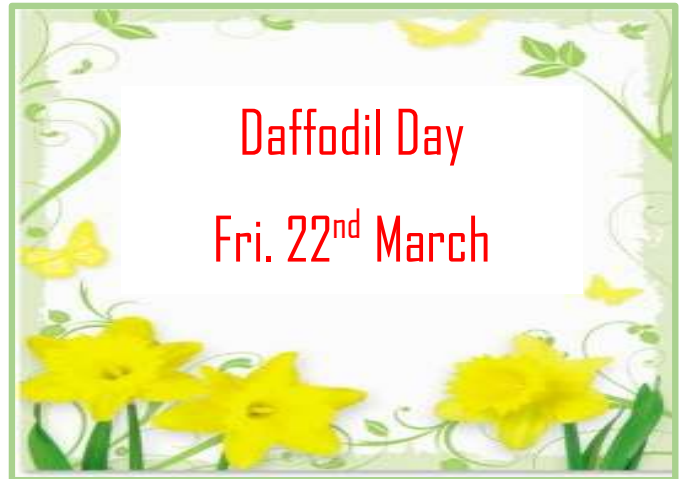
Mountrath Ballyfin Parish News 3rd March '24

St. Fintan's Parish, Mountrath – Ballyfin

3rd Sunday of Lent

Parish Visitation March

Tues. 5th Mountrath Country
Wed. 7th Mountrath Town
Thurs. 8th Ballyfin Parish



Mature Movers

50+ gym classes



Strength
Flexibility
Balance
a bit of
Endurance
& Lots of Fun!

6 weeks starting Wed 6th March

Mondays & Wednesdays 11 am

45 min classes in Mountrath

€60 for 6 Weeks

Contact Ruth 086 3262570



St. Fintan's Hall, Mountrath

A G M on Wed. 13th March

8.00 pm (In Extension)

You are most welcome to come along
and be part of this important Meeting.

Synod News

A number of people from across the diocese will undergo residential training in facilitative leadership in the next couple of months. This training is sponsored by the Irish Synodal Pathway and those undertaking the training will contribute to synod and related work in the diocese in the future. Every diocese has been asked to provide a synod response to the national office by

March 25 in preparation for the October Synod in Rome. A listening exercise will be led by members of the diocesan synod team and will take place on the evening of March 6 with a cross section of people from across the diocese working towards this response.

Arranging Anniversary Mass or Month's Mind Mass

The traditional way of arranging an Anniversary Mass remembrance was by visiting the Sacristy before or after Mass and making the necessary arrangement with the priest, who wrote the intention into the Anniversaries Diary, there and then.

However, since Covid this practice has changed.

Arrangements for Anniversary Mass remembrances and Month's Mind Masses are, more often than not, now arranged by email, text message, whatsapp, by phone, among many other ways. Which is great.

On the down-side, it can be quiet difficult to keep track of all these ways. - Sometimes emails can go to folders on the computer other than the main folder and are not seen straight away. The same can apply to text messages and Whatsapp. messages. This can cause a problem when I have no knowledge of these emails / messages coming in and are sometimes not detected at the time.

Can I ask you -

if you send me an email, text message or a message on Whatsapp, or any way, other than visiting the Sacristy, requesting an Anniversary Mass remembrance or arrangements for a Month's Mind Mass and don't hear from me or don't see the relevant name / names in the Newsletter,

please give me a call on 087 241 1594

I really appreciate your cooperation with this matter.

Patrick Joseph (Joe) Conroy, Wicklow Town, / Ballylusk, Ballyfin. R.I.P.

We pray for Joe who died peacefully on Tues. 27th Feb. Joe's Funeral Mass was celebrated in St. Patrick's Church, Wicklow Town on Friday 1st March followed by burial in Ballyfin Cemetery. We extend sympathy to daughters Gillian and Christina and families, sister Maura, brothers Tommy and Michael, Ballylusk, and families, nieces, nephews, neighbours and his many friends.

Phil Ryan (Nee Connolly) Patrick St., R.I.P.

We pray for Phil who died peacefully at her daughter, Tricia's home in Mountainfarm, Killenure on Wed. 28th Feb. Phil's Funeral Mass was celebrated in St. Fintan's Church, Mountrath on Sat. 2nd March followed by burial in Mountrath Cemetery. We extend sympathy to Patricia, Adrian, Mary, Monica, Kieran and Seamus and families, grandchildren, great-grandchildren, sisters Mary, Kathleen and Joan, brother Christy and families, nephews, nieces, extended family, relatives, neighbours and friends. (Phil is sister in law of Ned Tynan, Kilbricken who died on Thurs. night)

Ned Tynan, Kilbricken. R.I.P.

We pray for Ned who died very peacefully tonight (Thurs. night) at his home in Kilbricken, surrounded by his family. We keep and hold in our thoughts and prayers Joan and all the Tynan family at this very difficult time for them.

Ann Delaney, Crettyard - Dublin (Formerly Fr. O'Connor Cresc) R.I.P.

We pray for Ann who died at St. James' Hosp., Dublin on Sunday last, 25th Feb. Ann's Funeral Mass was celebrated in St. Abban's Church, Doonane on Thurs. 29th Feb. followed by burial in adjoining Cemetery. Ann is daughter of Mary and Tom (R.I.P.) Delaney, formerly Fr. O'Connor Cresc., We extend sympathy to Ann's daughter Saoirse, mother Mary, brothers Thomas, John, Ciaran and Paul, sisters Siobhán, Tricia, Roisin and Emer and their families, aunts, uncles, cousins, nephews, nieces and their families, relatives and a wide circle of friends in Dublin, Crettyard and her home town, Mountrath at this very difficult time for them.

I have been truly moved by the countless beautiful heartfelt tributes paid to Ann on R.I.P. – So many started with – I did not know you Ann, but, you are a beautiful person who touched the hearts of so many through your short life as daughter, nurse, mother, sibling, kind friend to so many and as a very special presence in Dublin in recent years. Please God, these beautiful tributes will be an important source of comfort to Ann's family and friends at this time.

May Joe, Phil, Ned and Ann rest in the peace of Christ.

Ultimate Circuits

By Ultimate Hell-Week DS Philip Loughman

Military style Circuit Classes

Starting 04 March 2024

Location: Ballyfin, Laois

(2 minutes drive from Community Hall in Ballyfin)

Suitable for all levels of fitness from
beginner to advanced.

Price: €10 (booking essential)

Contact: 087-9479744 on phone/whatsapp

Monday	Tuesday	Thursday	Friday
6-7pm	6-7pm	6-7pm	6-7pm
7-8pm	7-8pm	7-8pm	7-8pm

Irish Episcopal Conference Message regarding the Referenda on March 8th

Upon his arrival in Ireland for the World Meeting of Families on 25 August 2018, Pope Francis met at Dublin Castle with representatives of civil, cultural and religious life, including the Taoiseach and members of the Government. Pope Francis said he was

visiting Ireland to help families "*reaffirm their commitment to loving fidelity, mutual assistance and reverence for God's gift of life in all its forms, but also to testify to the unique role played by the family in the education of its members, and the development of sound and flourishing social fabric*". He added, "*Families are the glue of society, their welfare cannot be taken for granted, but must be promoted and protected by every appropriate means*".

In this context, we wish to comment on the two important referendums on family and care which are taking place on the 8th of March 2024.

The Family Amendment – 39th Amendment (amending Article 41)

The Family, based on the exclusive, life-long and life-giving public commitment of Marriage, is the foundational cell of society and essential to the common good. This reality of the Family corresponds to the unchanging plan of God for humanity and the importance of the Family continues to be acknowledged by people of good will, whether they be persons of faith or not.

The family is acknowledged as the place where generosity, tenderness, forgiveness, stability, care, love and truth can best be taught and learned by children.

We recognise, of course, that there are families in all our communities which are not founded on marriage. They form part of the reality of family life, which Pope Francis described as "*a challenging mosaic made up of many different realities, with all their joys, hopes and problems*".

We believe, however, that the commitment of marriage contributes to the common good in a unique way, by bringing stability to the family and to society, and that it

consequently deserves the protection of the State, which is currently guaranteed in the Constitution. The Constitution of Ireland rightly qualifies the Family as a "*moral institution*" and one that enjoys "*inalienable and imprescriptible rights, antecedent and superior to all positive law*". We are concerned that the proposed 'family amendment' to the Constitution diminishes the unique importance of the relationship between marriage and family in the eyes of Society and State and is likely to lead to a weakening of the incentive for young people to marry.

While 'Marriage' entails a public and legal commitment, the term 'durable relationship' is shrouded in legal uncertainty and is open to wide interpretation. It does not make sense that such an ambiguous reality would be considered 'antecedent and superior to all positive law' and acquire the same 'inalienable and imprescriptible' rights as those ascribed to the 'family founded on marriage'. Various commentators have suggested that the term 'durable relationship' risks leading to unforeseen and unintended consequences.

The Care Amendment – 40th Amendment (deleting Article 41.2 and inserting a New Article 42B)

In an age when people, and especially women, often emphasise the desirability of balancing work and domestic commitments, it is noteworthy that the Irish Constitution already recognises and seeks to facilitate the choice of mothers who wish especially to care for the needs of the family and the home. Contrary to some recent

commentary, the present constitutional provision emphatically does not state that “a woman’s place is in the home”. Neither does it excuse men of their duties to the home and family.

It is reasonable to ask what benefit is it to Irish society to delete the terms ‘woman’ and ‘mother’ from the Constitution of Ireland? People generally recognise the enormous commitment that women in Ireland have given, and continue to give, in relation to care, love and affection in the home. Pope Francis has said “Families and homes go together”(AL44). We therefore have similar concerns about the removal of the term ‘home’ from this article.

In contemporary society there now exists a welcome co-responsibility between women and men for every aspect of domestic life, including the provision of care in the home. We believe that, rather than removing the present acknowledgement of the role of women and the place of the home, it would be preferable and consistent with contemporary social values that the State would recognise the provision of care by women and men alike. Care, both inside and outside the home, is at the core of compassion. Without such care in the family, the common good of society cannot be achieved. The State has to date failed to financially acknowledge the role of women in the home; once again there is no indication that there will be provision for the adequate financial remuneration of carers. The proposed term ‘strive to support’ appears to weaken the state’s constitutional responsibility to materially and legislatively support such care. Indeed, the proposed new Article 42B does not actually confer any enforceable rights for carers or for those being cared for.

It is right to recognise that care within the family and the wider community takes many forms and is provided by a wide variety of people. In the words of Pope Francis speaking at the Festival of Families in Croke Park on 25 August 2018 “*in any family*

celebration, everyone's presence is felt: fathers, mothers, grandparents, grandchildren, uncles and aunts, cousins, those who cannot come and those who live too far away".

The proposed amendment would have the effect of abolishing all reference to motherhood in the Constitution and leave unacknowledged the particular and incalculable societal contribution that mothers in the home have made and continue to make in Ireland. The present constitutional wording does not in any way inhibit women from working or taking their proper place in social and public life. It does, however, respect the complementary and distinct qualities that arise naturally within the Family. The role of mothers should continue to be cherished in our Constitution.

The Importance of voting

Pope St John Paul II said in Ireland back in 1979: "*The family is the true measure of the greatness of a nation*". In a democracy that guarantees the freedom to vote, it is important that citizens cast their ballot on March 8th with matters of such importance at stake. As pastors, concerned for the common good as well as the moral and spiritual well-being of God's People, we offer these reflections in order to help inform the consciences of Christians and others who are concerned to preserve and foster the dignity and value of family life and motherhood

Some Parish Events during 2024 (Mountrath)

Easter Season

Palm (Passion Sunday) 24th March

Blessing and Distribution of "Palm" at both Masses.

Holy Thurs. 28th Mch Mass of the Lord's Supper 7.30 pm

Renewal of Commitment of Ministers of Holy Communion during Mass

Good Friday 29th Mch. Liturgy of the Passion 3.00 pm

Stations of the Cross - 7.30 pm

Holy Saturday 30th March Easter Vigil 8.00 pm

Easter Sunday 31st Mch

The Hollow Church Mass of the Resurrection 9.00 am

Mountrath Church Mass of the Resurrection 11.30 am

Renewal of Baptismal Promises at both Masses

Ceremony of Confirmation Fri. 26h April

Ceremony in Mountrath Church 11.00 am

Ceremony in Ballyfin Church 2.30 pm

1st Holy Communion Days

The Hollow Ch. Sun. 19th May 9.00 am

Mountrath Church Sun. 26th May 11.30 am

Director of Parish Development

This position is now being advertised, with a deadline of 25 March. Job description and information on how to apply can be found on www.kandle.ie.

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

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Ceremony in Mountrath Church 11.00 am

Ceremony in Ballyfin Church 2.30 pm

Bishop Denis will lead us in both Ceremonies

1st Holy Communion Days

Sun. 19th May 2.00 pm Sun. 26th May 2.00 pm

Fr. Liam Lawton's New Mass "Mass of St. Brigid"

Will be sung at the Chrism Mass this year (Cathedral, Mon. 25th March)

Rehearsals for Chrism Mass Will be on the following dates Sts. Peter and Paul Church,

Portlaoise Mon. 11th March - 8.00 pm Carlow Cathedral Thurs. 14th March 8.15 pm

Please let Christine in FDS know if you plan to attend and indicate which venue, by phoning 059-9164084 or emailing fds@kandle.ie.

We Hold and Keep in our Thoughts and Prayers

People, their families and carers, who are ill or unwell – at home, in hospital or Nursing Home or undergoing any surgical or medical procedures. -

We wish them a speedy recovery

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Safeguarding Children Parish Reps.

Ballyfin Parish Triona O'Rourke and Peter Byrne

Mountrath Parish Caroline Moore and Pachelli Walsh

Diocesan Designated Liaison Person: Ms. Ailish Higgins.

Deputy Diocesan Liaison Person: Ms Michelle Hughes,

c/o Bishop's House, Dublin Rd, Carlow Ph: 085 802 163

Ballyfin Anniversaries

Mass Times Anniversaries Fri. 1st - Sun. 10th Mch.

Fri. 1st Mch. 5.00 pm Exposition of the Blessed Sacrament

Sat 2nd Mch 8.00 pm Vigil Mass - 3rd Sun. of Lent.

Sun. 3rd Mch 10.00 am Essie Lanham (Nee Conroy) Upper Sconce. Month's Mind

Joseph (Joe) Connolly, Esker 1st Anniv.

Michael Kelly, Clonagown. 2nd Anniv.

Mon. 4th March 7.00 pm Apostolate of Sanctification.

Fri. 8th Mch. 5.00 pm Exposition of the Blessed Sacrament.

Sat. 9th Mch. 8.00 pm Vigil Mass - 4th Sunday of Lent

Jim Horan, Deerpark, 7th Anniv.

Joseph and Kathleen Dowling, Cavansheath

Sons, Martin and Ollie and Thomas Fitzpatrick

Pauline and Sean Fitzpatrick, Barkmills.

Sun. 10th Mch. 10.00 am 4th Sunday of Lent

Sadie Breen (Nee Thompson) Craydon Court, 10th Anniv

David Fitzgerald, Cappinclare. 10th Anniv.

Mon. 11th Mch. 7.00 pm Apostolate of Sanctification.

Mountrath Anniversaries

Mass Times Anniversaries Sat. 2nd - Sun. 10th Mch.

Sat. 2nd Mch. 7.00 pm Tom Lalor, Portlaoise Rd., Month's Mind
Adam Kirwan, Derrough. 1st Anniv.
Tom Kelly, Main St.,
Dan and Nora Ryan, New Line Road.
Donal and Martin Ryan, New Line Rd.
Patrick and Peig Keeshan, Patrick St.,
Margaret Byrne, Redcastle. 20th Anniv.

Sun. 3rd Mch. 9.00 am [The Hollow Church](#)

11.30 am Paddy Parkinson, Woodbrook. Month's Mind
Kathleen McDonald, Kiln Lane - 4th Anniv.

Tues. 5th Mch. 10.00 am John and Eileen Breslin

Wed. 6th Mch. 10.00 am John Corivan, Sligo. 3rd Anniv.

Thurs. 7th Mch. 10.00 am Altar List of the Dead.

Fri. 8th Mch. 10.00 am Bridie and Martin Dunne, Clonard.

Sat. 9th Mch. 7.00 pm Matt Keenan, Derrylusk. 11th Anniv
Rita Moloney, Avondale, Portlaoise Rd.,
Richard and Kathleen Kirwan, Forest
Marie Kirwan, Clonard.

James and Kathleeen Fitzpatrick. Forest.

And deceased family members,

Sun. 10th Mch. 9.00 am - The Hollow Ch. Mary Keily (nee Tynan) Sheffield

Mountrath Anniversaries

Mass Times Anniversaries Sat. 24th - Sun. 3rd Mch.

Continued from previous page

11.30 am Martin Lowry, Lower Sconce. 3rd Anniv.

Mary Tobin (Nee Gilman) Fr. O'Connor Cresc. 10th Anniv.

1st and 2nd Anniv. Mass Remembrances

Sat. 16th March 7.00 pm David Gerard (Gerry) Seale, Clonenagh 1st Anniv.

Kathleen Seale (Nee Collier) 2nd Anniv.



"Do This in Memory" Programme

1st Holy Communion Preparation Programme in Mountrath Ballyfin

Enrolement Ceremonies

Mountrath Parish Sat. 30th Sept. Mass 7.00 pm All Schools

Ballyfin. Sun. 1st Oct. Mass 10.00 am Both Schools

"Do This in Memory" Children's Masses

1. Sat. 11th Nov Mountrath Church, 7.00 pm
Sun. 12th Nov. Ballyfin Church 10.00 am
2. Sat. 9th Dec. Mountrath Church 7.00 pm
Sun. 10th Dec. Ballyfin Church 10.00 am
3. Sat. 13th Jan. Mountrath Church 7.00 pm
Sun. 14th Jan. Ballyfin Church 10.00 am
4. Sat. 10th Feb. Mountrath Church 7.00 pm
Sun. 11th Feb. Ballyfin Church 10.00 am
5. Sat. 9th Mch.. Mountrath Church 7.00 pm
Sun. 10th Mch. Ballyfin Church 10.00 am
6. Sat. 13th Apr. Mountrath Church 7.00 pm
Sun. 14th Apr. . Ballyfin Church 10.00 am
7. Sat. 4th May Mountrath Church 7.00 pm
Sun. 5th May Ballyfin Church 10.00 am

(The) Sacrament of 1st Penance

will be celebrated in March. Arrangements for the celebration of this Sacrament will be put in place in due course in conjunction with the Schools.

Dates for Celebration of 1st Holy Communion

Sun. 5th May The Hollow Church 9.00 am

With Children of Gaelscoil Thromaire

Sun. 26th May Mountrath Church - 11.30 am

With Children of all Mountrath Schools -- Note Change of Date

Sun. 19th May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26th May Ballyfin Church 2.00 pm With Children of Barnashrone National School

Mountrath Parish Lotto

29th Feb.

Numbers Drawn 1 7 8 17

No Jackpot Winner

12 Match 3 Winners Rec. € 84 Each.

2 Local Winners

Patrick Doheny. Promoter Betty O'Rourke

J D and K Kirwan. Promoter, Mary Haslam

New Jackpot - €15,000

A very sincere thank you - for your very generous support of and continued commitment to Mountrath Parish Lotto throughout the year.



Ballyfin Parish Lotto

28th Feb. 2024

Nos. Drawn 4 9 17 26

20 Match 3 Winners Rec. € 50 ea.

Next Week's Jackpot € 13,000

A very sincere thank you - for your very generous support of and continued commitment to Ballyfin Parish Lotto throughout the year.



Next Week's



Ballyfin € 13,000

Mountrath € 15,000

Fr. Liam Lawton's New Mass

"Mass of St. Brigid"

Will be sung at the Chrism Mass this year

(Cathedral, Mon. 25th March - 7.30 pm)

Kildare & Leighlin Faith Development Services
Cathedral Parish Centre
College Street
Carlow Co. Carlow

Rooted in Christ, Faith Development Services is a coordinated team directed by the Bishop of Kildare & Leighlin to encourage, resource, facilitate and support the people of the Diocese to know, live and pray their faith

Tel: 059-9164084 Fax: 059-9164020 E-Mail: fds@kandle.ie

6th February 2024

Dear Friends I wish to invite you to Sts. Peter & Paul Church, Portlaoise on Monday, 11th March, at 8.00pm or Carlow Cathedral on Thursday, 14th March, at 8.15pm to rehearse my new Mass, the Mass of St. Brigid, and other music for the annual Chrism Mass, which will take place on Monday, 25th March, at 7.30pm in Carlow Cathedral.

Please inform Christine in FDS if you are attending and indicate which venue. You can do this by phoning 059-9164084 or emailing fds@kandle.ie.

Yours, *Fr. Liam Lawton*

Diocesan Director of Music
The Parochial House,
St. Mary's Road, Edenderry,
Co. Offaly .

An Invitation from Fr. Liam

Ballyfin Community Alert Seniors Alert Scheme

As darker evenings are upon us please be aware that grant aided personal 24/7 monitored alarms are available to people aged 65 and over. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 157 0145 for information or for application form

A Note from Edel Moloney, Supervisor, Mountrath CE Scheme

We have the following upcoming vacancies :

Caretaker - MYT - Mountrath CES 2308848

Caretaker - GAA - CES 2301698

Env Worker - Mountrath Town - CES 2254234

Env Worker - Castletown Village - CES 2268516

Shop Assistant - Vincents Mountrath - CES 2315874

Hours 19.5 hours per week.

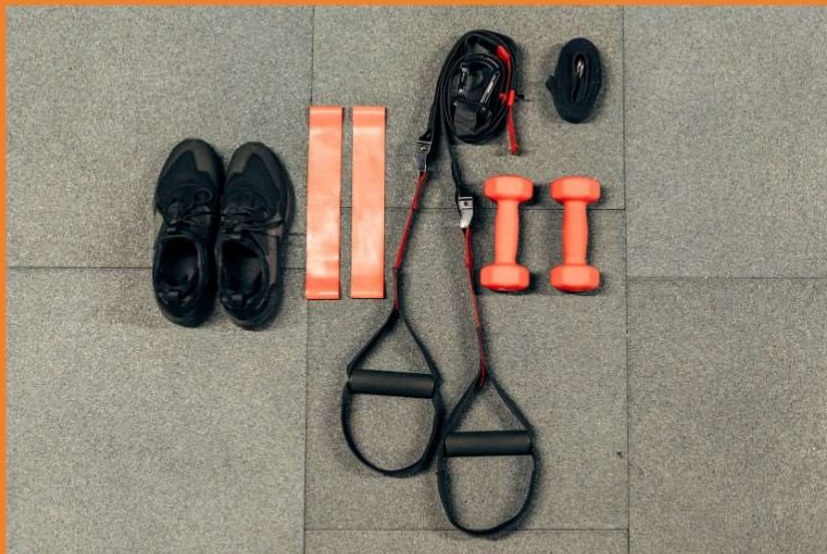
Application Details:

Eligibility to participate on CE is generally linked to people who are 21 years or over and in receipt of a qualifying social welfare payment for 1 yr. or more or 18 years and over for certain disadvantaged groups. Eligibility will have to be verified by the Department.

You can register your interest by selection "Register your interest" on JobsIreland.ie, or you can contact a case officer in your local Intreo Centre quoting the relevant reference number above.

You can also call into our office on Patrick St, Mountrath or
email mrtacpecoltd@gmail.com

Mature Movers



Strength
Flexibility **50 + gym classes**
Balance

a bit of Endurance
& Lots of Fun

6 weeks starting Wed 6th March

Mondays & Wednesdays 11 am

45 min classes in Mountrath

€60 for 6 Weeks

Contact Ruth 086 3262570





Lots to do here in Mountrath

**Mature Movers, Circuit
Training, Karate,
Yoga,
TRX, Bowls, HIIT, Zumba,
Brazilian Jiu-Jitsu,
Activator Poles & Kickboxing**

Women in Sport Week

Monday 4th - Sunday 10th March





Zumba



Tuesdays 7.30 pm

St Philomena's Hall, Bloomhq, Mountrath R32 DC58

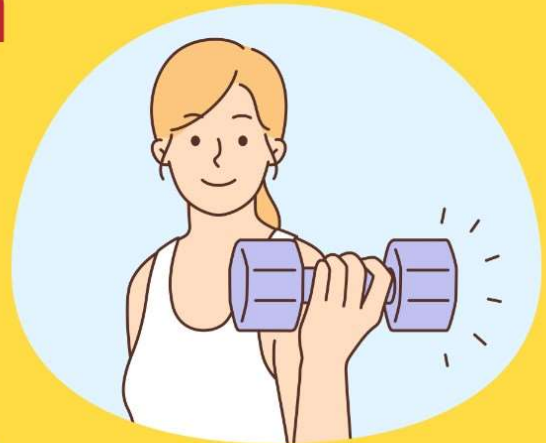
Bookings www.fitandjoy.ie

for more information contact Joanna on 0894653938

Saturday Morning Circuit Training



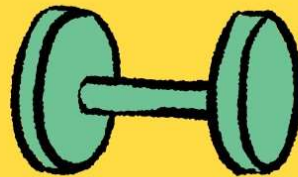
9-10 am



€ 7 PAYG

or

part of your monthly
membership



contact 086 3262 570

**The Old Convent,
Patrick St,
Mountrath, R32 DC58**



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays

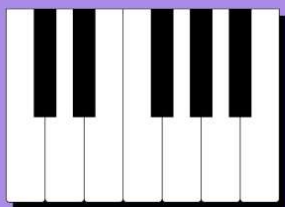


Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

8 yrs- 18 €35 per month
Adults €45 per month

€5 per class for under 18's
€7 per class for Adults
or included in Monthly Membership

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497





1 - 2 person offices for rent in our Social Enterprise centre in Mountrath



Contact 0892722885 manager@bloomhq.ie

Arts & Craft Classes



Second block of

6 week program

starting 28th February

at the later time of

Wednesdays 6-7 pm



7-12 year olds

- *life drawing
- *painting
- *clay
- *print making
- *textile art

6 weeks € 30 only 12 places



contact Rhiannon 089 211 5183

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Piano Classes Available

Starting Sunday April 7th

BloomHQ Mountrath

Contact Heather

083 054 7772



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays



Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc



Mountrath Music Rooms



**Contact 089 272 2885
or 057 930 0036**

***Soundproof rooms**

***From € 15 per hour**

***Perfect for music lessons, counselling or grinds**

***free easy car park**

***Waiting space**

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



UNISLIM

Join Today!

Bloom Hq

Wednesdays 7-8pm

Class Talk 8pm

New members
always welcome!

9 stone
weight
loss



Mairéad McCaul
Unislim Member



Join Unislim for €25
Pay €12 weekly fee thereafter
For more info visit unislim.com



unislim.com | 1800 603020

Arts & Craft Classes



Second block of
6 week program
starting 28th February

at the later time of
Wednesdays 6-7 pm



7-12 year olds

6 weeks € 30
only 12 places

- *life drawing**
- *painting**
- *clay**
- *print making**
- *textile art**



contact Rhiannon 089 211 5183

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Piano Classes Available

Starting Sunday April 7th

Bloom HQ, Mountrath

Contact Heather,

0830547772



Arts & Craft Classes



**6 week program
starting 28th February**



Wednesdays 5-6 pm

7-12 year olds

***life drawing**

***painting**

***clay**

***print making**

***textile art**

**6 weeks € 30
only 12 places**



contact Rhiannon 089 211 5183

Book online at <https://mountrathgym.squarespace.com/memberships/kidsartcraft>

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

8 yrs- 18 €35 per month
Adults €45 per month

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Free Trial this week 14th & 17th Feb

contact Jamie 085 200 2497

Brigidine Convent, Patrick St, Mountrath, R32 DC58



Music Teachers wanted



for Mountrath Music School

*soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895



Karate

Mondays & Thursdays 7 pm

€6 per class

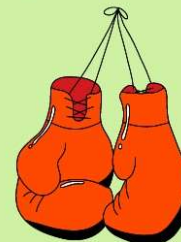
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian

Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am

€ 35 per month or €5 per class

Jamie; 085 200 2497

Violin



Thursdays 3.30 pm on.

€20 for 30 min individual lesson

Irene: 089 981 8065



Trad Music

Saturdays from 11 am,

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings
20 for 30 min individual lesson

Heather 083 054 7772

to book talk to the relevant teacher



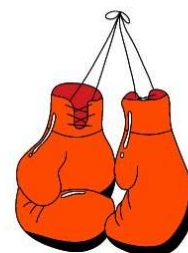
Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

Kickboxing

Fridays 5.30 pm 3-7 years, €7
6.30 pm 8-12 years, €7
Shane: 086 339 9287

First trial class free



Brazilian

8-12 years,

Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu*

€ 35 per month or €5 per class

Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin



Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson

Irene: 089 981 8065

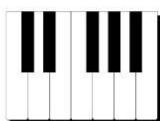


Trad Music

Saturdays from 11 am, 6+ years

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings €20 for 30 min individual
lesson Heather 083 054 7772

to book talk to the relevant teacher

Bowls All Inclusive 11am

Currently

Thursdays to accommodate the School musical

St. Philomena's Hall,
Brigidine Convent,
Patrick Street,
Mountrath

Contact Ruth 086 3262570



Roadcraft Motorcycle Training

Mick Smith is teaching the new
RSA approved Motorcycle Initial Basic Training (IBT)
here in BloomHQ, the old Convent Mountrath.

For more details and to book see:

www.roadcraft.ie

www.facebook.com/roadcraft.ie



Music Teachers wanted



for Mountrath Music School

*soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895

Activities suitable for Senior Citizens in Mountrath

Mature Movers 50 +
Mondays & Wednesdays 11 am



Bowls inclusive 11 am Tuesdays
Bowls 8 pm Thursdays

Mountrath Men's Shed
Tuesdays 10 am- 1 pm
Thursdays 2 pm- 4 pm
contact 085 705 3855



Activator Poles Inclusive
Thursdays 11 am

contact Ruth 086 3262 570



ST. PATRICK'S DAY *Mountain Rath*



SUNDAY 17TH MARCH
11.30 AM MUSIC, MARKET & MORE
PARADE 12.30 PM

ALL KINDS OF EVERYTHING



“MY WORLD”



PHOTOGRAPHIC EXHIBITION

by Mountrath & District Camera Club

Opening 7pm Friday 2nd February
in the

Gallery of Divine Inspiration

Bloomhq, Mountrath

All Welcome

Photos will be on display for the month



VIOLIN LESSONS

by Irene Ramos

- Discover the joy of music and unlock your creativity
- Weekly individual and ensemble classes for all ages
- From 3-year-olds to adults
- Studio based Mountrath

FULLY QUALIFIED SUZUKI TEACHER & ABRSM DIPLOMA IN MUSIC PERFORMANCE



FOR RATES AND/OR MORE
INFO PLEASE CONTACT ME

Phone: 0773222323

Email: iramos.violinstudio@gmail.com

 Irene Ramos
VIOLIN STUDIO



Hot Desks in Mountrath

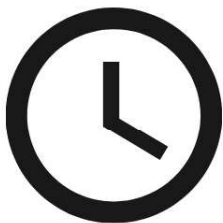
Need somewhere to work for a day with fast broadband?
Free parking, canteen onsite.

Desks from 10 euro per day
Book on <https://connectedhubs.ie>

Mountrath Men's Shed



**Old School on
Patrick Street**



**Tuesdays 10am - 1pm
Thursdays 2pm - 4pm**

Contact 0857053855



Mondays & Thursdays 7 - 8 pm



Juniors and Adults



Okinawan Karate



Black Belt Instructors

contact Sensei Donal, 5th dan
087 760 7063

Martial Arts Centre, Old
Convent, Mountrath,
R32 DC58



HIIT LUNCHTIME CLASS

High-Intensity Interval Training

Tuesdays & Thursdays

1.15 pm for 40 mins

5 euro a class

OR

part of your monthly
gym package

Book with Ruth 086 3262 570





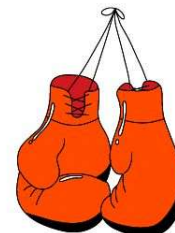
Karate

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from 6 years up, €6 per class
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Kickboxing

First trial class free

Fridays 5.30 pm 3-7 years, €7
6.30 pm 8-12 years , €7
Shane: 086 339 9287



Brazilian Jiu-jitsu*

*starting 14th & 17th Feb
with free trial

8-12 years,
Wednesdays 7-8 pm &
Saturdays 10-11 am
€ 35 per month
Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm , 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin

Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson
Irene: 089 981 8065



Trad Music

Saturdays from 11 am, 6+ years
€8 for 30 min group classes
Eabha 083 8566083



to book talk to the relevant teacher

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

Come join our free trial
Wednesday 14th &
Saturday 17th
February

8 yrs- 18 €35 per month
Adults €45 per month

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497



Brigidine Convent, Patrick St, Mountrath, R32 DC58



Bowls All Inclusive 11am Tuesdays

St. Philomena's Hall,
Brigidine Convent,
Patrick Street,
Mountrath

Contact Ruth 086 3262570





Irish Traditional
MUSIC
LESSONS

**Whistle, Flute, Concertina, Accordion,
Fiddle, Banjo and Mandolin**



Clióna and Éabha
Dowling McDonald

More Information :

Contact 083
8566083



Music Classes in Mountrath

- **Lessons in BloomHQ**
- **Violin Lessons by
Irene Ramos
0773222323
iramos.violinstudio@
gmail.com**

*Contact the relevant
teacher to arrange
days/times/prices*

- **Irish Traditional
Music, Whistle, Flute,
Concertina,
Accordion, Fiddle,
Banjo and Mandolin
Cliona & Eabha
Dowling McDonald
083 8566083**



School of Music - Mountrath



Please use your recyclable blue token to
vote for us in the Tesco Community Fund.



PIANO TEACHER WANTED



For our new Music Rooms
Contact Lucy 087 259 7895



The Old Convent,
Patrick St,
Mountrath,
R32 DC58



Mountrath Scouts



Looking for a way for your kids to learn new skills and spend time in the great outdoors why not try scouts!

For all ages from beavers to ventures and into leaders !



Scouts is a way to

- Meet new people.
- Learn new skills.
- Spend time outside.
- Make friends for life.

Friday nights

In the brigidine convent (Bloom HQ) Patrick street mountrath
R32 DC58

7:00 till 8:30

€5 pp

or

€4 per sibling



Date for the Diary

The Sacrament of Confirmation will be celebrated in

Mountrath / Ballyfin Parishes on **Fri. 26th April 2024**

The Ceremony in Ballyfin Parish Church will Commence

at 2.30 pm

Bishop Denis will lead us in both our celebrations

Carlow Union of Parishes Lent - Easter Talks 2024 *Living Faith*



1. Thursday 22nd February 7.30pm **"Lent/Easter, The Journey"**
Dean Tom Gordon, Cathedral Church of Saint Laserian's, Leighlin.
2. Wednesday 28th February 7.30pm **"Prayer / Spirituality"**
Rev. Liam Dunne Chaplain, Carlow/Saint Patrick's College.
3. Wednesday 6th March 7.30pm **"The Cross"**
Rev. Katherine Kehoe, Carlow and Kilkenny Methodist Church,
4. Wednesday 13th March 7.30pm **"Triduum / Resurrection"**
Bishop Denis Nulty, Roman Catholic Bishop of Kildare & Leighlin
5. Friday 15th March 7.30pm **"Songs of Prayer, Faith and Praise"**
with the Carlow Community Choir and their Director Mary Amond O' Brien.
6. Wednesday 20th March 7.30pm **"Grief and Loss - A Christian Perspective"**
Rev. Paul Fitzpatrick, in conjunction with the Carlow Mental Health Association.

Saint Mary's Church, Haymarket, Carlow R93YW77

To care for those
who once cared for us
is one of the highest
honors in life.

– Tia Walker



Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms

help people aged 65 and over to live securely in their homes with peace of mind. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact

Sheila on 086 1570145 for
information/application form.